



East Sussex Cycling Association

2015 President: Horry Hemsley – VTTA (Surrey & Sussex) Group



ESCA 2up Team TT – Sunday 5th April 2015 – GS/839

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Timekeepers: Richard Blackmore East Grinstead CC
Doug Finch Southborough & District Wheelers

Event Secretary: Martin Yardley (Southborough & District Wheelers)
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Event HQ: Laughton Village Hall, Church Lane, Laughton BN8 6AH. Grid ref TQ501127

Prizes

Notes: In accordance with CTT reg 32 teams may consist of members of more than one club but such teams are not eligible for awards.

Average age team prizes are only available for teams not winning another award.

1st on actual (£30 each)	£ 60.00
2nd on actual (£25 each)	£ 50.00
3rd on actual (£20 each)	£ 40.00
4th on actual (£15 each)	£ 30.00
5th on actual (£12 each)	£ 24.00
6th on actual (£10 each)	£ 20.00
1 st Women's team (£15 each)	£ 30.00
Mixed M/W (£15 each)	£ 30.00
Group A - Ave age under 40 (£10 each)	£ 20.00
Group B - Ave age 40 and over but under 45 (£10 each)	£ 20.00
Group C - Ave age 45 and over but under 50 (£10 each)	£ 20.00
Group D - Ave age 50 and over but under 55 (£10 each)	£ 20.00
Group E – Ave age 55 and over	£ 20.00

Prizes will again be awarded immediately at the end of the event

Please stay to support the winners or receive your prize

Additional Awards and Qualifications

This is a qualifying event for:

- **ESCA Points Competition:** 30 points for each rider of the first team down to 2 points for each rider of the 15th team from an ESCA affiliated club (Composite teams and solo riders are not eligible for points). The individual points earned by each rider are totalled and awarded to their respective club
- **ESCA Trophies:** The fastest team from an ESCA affiliated club will be awarded the Two-up Team Time Trial Cup at the annual prize presentation.

Course Details GS/839

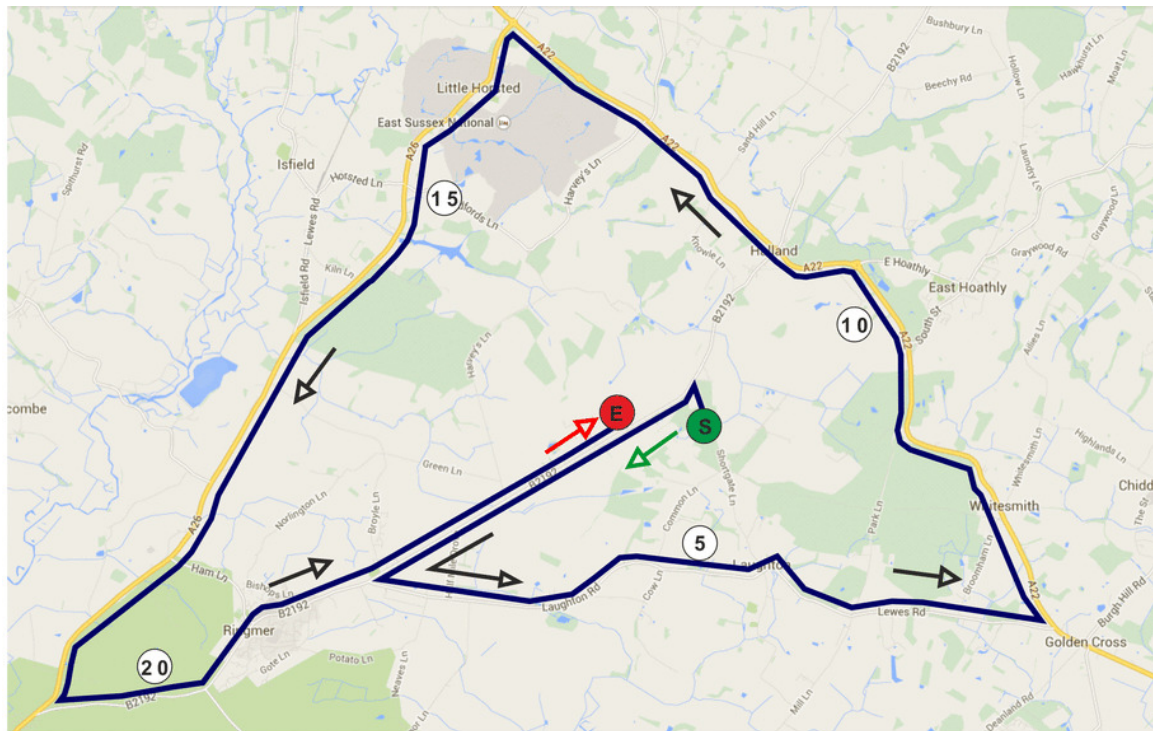
START at north end of metal field gate on the west side of Shortgate Lane, 78 yards south of T junction at Shortgate {GR TQ494151}. Proceed to T junction with B2192. Turn LEFT (CARE) and follow B2192 via The Broyle to Kennel Corner roundabout (M) (2.62miles) {TQ458129}.

Take 1st exit (SHARP LEFT 140 degrees - GREAT CARE) and follow B2124 via Laughton to the T junction with the A22 at Golden Cross (M) (7.50 miles).

Turn LEFT (GREAT CARE) and follow A22 via Whitesmith and East Hoathly by-pass to The Shaw roundabout (10.48 miles). Take first exit (LEFT) and continue on A22 via Halland and Golf Course roundabouts to Little Horsted roundabout (M)(13.42 miles) {TQ472190}.

Take first exit (LEFT) and follow the A26 via Rose Hill, Isfield, to Earwig Corner, Lewes (M) (19.31 miles) {TQ423114}.

Turn SHARP LEFT (GREAT CARE) and follow B2192 via The Forge mini roundabout to Kennel Corner roundabout, Ringmer (21.77miles) (M). Take first exit and follow B2192 via the Broyle to FINISH at centre point of double metal field gate opposite house named "Whitecroft" {TQ488148} (23.92 miles).



NOTES

1. Numbers will be at the hall please sign on before being given your number.
2. The hall will be open from 7am, **please be quiet and try not to disturb the local residents**, and please do not change in your car - use the hall.
3. **PARKING.** There is only limited space in front of the hall and some of it will be reserved for officials, further parking is available 100 yards south; please use it. Please **do not park on the pavement or in the lane where it blocks residents' access** and, and **do not obstruct the access to the gate to the cricket ground** beside the hall – **THIS INCLUDES BICYCLES**, please advise non-competitors of this.
4. Any bikes blocking the gate to the cricket ground, **MAY BE REMOVED WITHOUT FURTHER NOTICE**; as the cricket club may need access to the ground during the morning.
5. The start is 1.5 miles north of the hall, turn left out of the hall and straight across at the crossroads
6. All riders in a team are encouraged to wear clothing of a similar colour and design
7. Solo riders, as this is a 2 up team trial, no entries were permitted from solo riders, however if one of you is not able to ride on the day, the remaining rider can ride at the promoter's discretion, but will not be eligible for any awards

SAFETY INSTRUCTIONS.

- Competitors are requested **not to warm up on the course** after the first competitor has started.
- Details of any **additional hazards** not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
- Competitors must **exercise extra** care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and negotiating all roundabouts
- **COMPETITORS VEHICLES:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish. No U turns please.
- **In Ringmer** there is one set of **pedestrian crossing lights which must be obeyed.**
- **CTT regulations require the compulsory use of helmets for under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.**
- **COMPETITORS MACHINES:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- No times will be given at the Finish.
- Finally take care when passing your partner, and have a safe and enjoyable ride

Start	No	Name	Club	Cat	Age	Age Cat
8.10	9	Guy Lane	Southborough & Dist. Whs		50	
	10	Rory Barrett	Southborough & Dist. Whs		31	B
8.12	11	Jesse Yates	In-Gear Quickvit Trainsharp RT	Comp	18	
	12	Liam Yates	Banks/Catford CC Equipe		21	A
8.14	13	Matthew Sumpter	In-Gear Quickvit Trainsharp RT		26	
	14	Sam Dix	In-Gear Quickvit Trainsharp RT		43	A
8.16	15	Nigel Tamplin	Hastings & St. Leonards CC		39	
	16	Alex Smith	Hastings & St. Leonards CC		23	A
8.18	17	Kevin Burton	Eastbourne Rovers CC		59	
	18	Bruce English	Eastbourne Rovers CC		50	D
8.20	19	Chris Mcnamara	Pedal Heaven	Comp	40	
	20	Richard Cartland	South Downs Bikes		37	A
8.22	21	Paul James	Team ASL360		51	
	22	Christopher Fletcher	Team ASL360		28	A
8.24	23	Michael Maxwell	Rye & District Wheelers CC		18	
	24	Peter Pav Bryan	Rye & District Wheelers CC		28	A
8.26	25	Ivan Johnson	Hastings & St. Leonards CC		46	
	26	Malcolm Daly	Hastings & St. Leonards CC		54	D
8.28	27	Leslie Jones	Eastbourne Rovers CC		62	
	28	William Roddick	Eastbourne Rovers CC		47	D
8.30	29	Ian Hodge	Southborough & Dist. Whs		55	
	30	Neil Couchman	Southborough & Dist. Whs		37	C
8.32	31	Stu Nisbett	Crawley Wheelers		41	
	32	Nigel Langridge	Crawley Wheelers		50	C
8.34	33	Barny Willard	PB Cycle Coaching Racing Team		42	
	34	Stuart Hodd	PB Cycle Coaching Racing Team		46	B
8.36	35	Neil Shier	Eastbourne Rovers CC	Mixed	43	
	36	Ruth Summerford	Eastbourne Rovers CC		24	A
8.38	37	Claire Leonard	South Downs Bikes	Women	43	
	38	Gina Mcgeever	Lewes Wanderers CC		43	B
8.40	39	Roger Smith	South Downs Bikes		41	
	40	Phil Allen	South Downs Bikes		37	A
8.42	41	Michael Davey	Eastbourne Rovers CC		37	
	42	Mark edleston	Eastbourne Rovers CC		41	A
8.44	43	Karina Bowie	Trainsharp RT	Mixed	44	
	44	Paul Jackson	In-Gear Quickvit Trainsharp RT		49	C
8.46	45	Adam Grange	East Grinstead CC		45	
	46	Paul Winkley	East Grinstead CC		58	D
8.48	47	Elliot Brown	Eastbourne Rovers CC		18	
	48	Sam Winter	Eastbourne Rovers CC		28	A
8.50	49	Pete Morris	Team ASL360		36	
	50	Steven Kane	Team ASL360		26	A
8.52	51	George Welfare	Eastbourne Rovers CC		29	
	52	Marc Townsend	Eastbourne Rovers CC		34	A
8.54	53	Michael Leonard	South Downs Bikes	Comp	51	
	54	Jay Chisnall	VTTA (Surrey & Sussex)		54	D
8.56	55	Russell Shingles	Team ASL360		30	
	56	Sam Cheesman	Team ASL360		22	A

8.58	57	Chris Parker	Hastings & St. Leonards CC		59	
	58	Steve Curtis	Hastings & St. Leonards CC		51	E
9.00	59	Matthew Woods	Eastbourne Rovers CC		43	
	60	Iain Brogden	Eastbourne Rovers CC		46	B
9.02	61	Rob Pelham	Lewes Wanderers CC		38	
	62	Dominic Lowden	Lewes Wanderers CC		56	C
9.04	63	Peter Moon	Eastbourne Rovers CC		54	
	64	Howard Shaw	Eastbourne Rovers CC		29	B
9.06	65	Nathan Fletcher	Team ASL360		24	
	66	John Powell	Team ASL360		36	A
9.08	67	Paul Valks	Lewes Wanderers CC		71	
	68	Michael Valks	Lewes Wanderers CC		44	E
9.10	69	Conall Yates	In-Gear Quickvit Trainsharp RT		34	
	70	Sean Scott	In-Gear Quickvit Trainsharp RT		37	A
9.12	71	Tom Houghton	Brighton Excelsior CC		43	
	72	Brian Molloy	Brighton Excelsior CC		47	C
9.14	73	James Ryan	Lewes Wanderers CC		38	
	74	Andrew Drake	East Grinstead Tri Club		32	A
9.16	75	Alexis couchman	Southborough & Dist. Whs	Women	31	
	76	Philippa Jenkins	Southborough & Dist. Whs		27	A
9.18	77	Darren Brockhurst	Lewes Wanderers CC		44	
	78	Brett Davis	Lewes Wanderers CC		42	B
9.20	80	Christian Yates	In-Gear Quickvit Trainsharp RT	Comp	52	
	80	Steve Dennis	East Grinstead CC		51	D
9.22	81	David Pollard	In-Gear Quickvit Trainsharp RT		57	
	82	Pete Roberts	In-Gear Quickvit Trainsharp RT		59	E
9.24	83	Duncan Fuller	Lewes Wanderers CC		40	
	84	Mark Frost	Lewes Wanderers CC		47	B
9.26	85	Ian Newbold	Eastbourne Rovers CC		42	
	86	Adam Ford	Eastbourne Rovers CC		43	B
9.28	87	Peter Hooper	Eastbourne Rovers CC		30	
	88	Dan Henchy	Eastbourne Rovers CC		30	A
9.30	89	Robert Rollings	Lewes Wanderers CC		28	
	90	Tom Glandfield	Lewes Wanderers CC		42	A